# BALDIVIS LITTLE ATHLETICS CENTRE INC.

Registration Number:  A1025103V

# FIRST AID POLICY

14/06/2024

**Baldivis Little Athletics Centre Inc.**

PO Box 4082

BALDIVIS WA 6171

www.baldivislac.com.au

## INTRODUCTION

First Aid is considered an important service to offer participants at Baldivis Little Athletics Centre (Baldivis LAC). During the weekly program or other Baldivis LAC events, a qualified first aid volunteer will be available. The program will not commence until a qualified first aider is present. The first aid volunteer is located under the First Aid flag within the spectating area. They will be wearing a green vest with "First Aider" on it.

**PARENTS MUST REMAIN AT THE VENUE AT ALL TIMES and be contactable** in case their child suffers an injury or a potentially life-threatening emergency.

## ASTHMA

Asthma is an emergency that needs consideration. Symptoms include shortness of breath, wheezing, and tightness of chest. Treatment may involve the use of Ventolin. All sufferers are recommended to have an Action Plan prepared by their GP or specialist. Parents are responsible for the administration of treatment for asthma, with the assistance of the first aider if required.

## ANAPHYLAXIS

Anaphylaxis is a life-threatening allergic reaction characterised by symptoms such as a rash and shortness of breath. Immediate treatment requires the administration of adrenaline via an EpiPen. Athletes with severe allergies to bees or ants must carry their EpiPen at all times. Parental volunteering with the age group is highly recommended if possible. It is strongly advised that all individuals with sever allergies have an Action Plan prepared by their GP or specialist. Parents are responsible for the administering treatment for anaphylaxis, with assistance of the first aider if required.

## EMERGENCY SITUATIONS

For serious or potentially life-threatening emergencies, the first aider volunteer may decide to call an ambulance. Therefore, it is recommended that families have Private Health with Ambulance cover, as otherwise, they will be liable for any costs incurred.

## DEFIBRILLATOR

A defibrillator is available and mounted on the wall next to the main toilet door at the pavilion. It is visible when approaching the pavilion. If required, the first aider volunteer will be directing and coordinating its use.

## IN AN EMERGENCY

Call 000.

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# VERSION HISTORY

| VERSION | DATE | REVISED BY | COMMENTS |
|---|---|---|---|
| 1.0 | 14/06/2024 | Jessica Muir | Endorsed at Committee Meeting |
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